



14TH PIFE CONFERENCE DIAMONDS ARE FOREVER

Conference program (Friday – Saturday) map

Please welcome Diamonds are forever experts!



Dr. Med. Fabian
Blobel (Germany)



Dr. Horea Murgu
(Romania)



Med. Dr. Kirsti
Silvola
(Finland/Norway)



Prof. Melinda
Ashley Meyer
DeMott (Norway)



M.Ed. Norbert
Apter
(Switzerland)



Dr. med. Fabian Blobel (Germany)

Medical specialist in psychiatry and psychotherapy for children and adolescents. Board member in PlfE- Germany. Trainer for psychodrama with children and adolescents for the IPSR in Switzerland and the Orpheus Institute in Bulgaria. After many years working in Switzerland and building up the department of group therapy for children, adolescents and their parents for the cantonal psychiatric services in Solothurn, he recently returned to his home place and works in a group- and multifamily therapy orientated psychiatric clinic for adolescents near Hamburg in northern Germany.

Working with our future: Diamonds and carbon

How to prepare for the future? Symbolism and the creation of inner images is a gift which allows the human being to put sense in all which is happening around him and to interact with it. Creativity and Fantasy helps him to find solutions to the given challenges of life. In "doing as if"... The child has the chance to repeat things to understand and learn, but it also can change reality and produce new outcomes or it can within the play completely leave reality and create a whole different world at all. The Symbol play of children is a powerful gift in which also the adult can explore, participate, and by cocreation can interact pedagogically or therapeutically to support healing and alter personal growth. This workshop will offer an active and self experiencing insight in the capabilities and limits of the psychodrama with children as developed by Alfons Aichinger and Walter Holl in Germany.

Dr. Horea Murgu (Romania)

Graduated in the beginning of 70s Physics Engineering deputy in Polytechnic University Bucharest (Electronics faculty), worked in performing arts industry (theatre and film) for more than 35 years (credits for more than 40 long features films – see: www.imdb.com and hundreds shorts, sound designer for drama and marionette theatre), head of Romanian delegation in Mass Media Steering Committee, CE, Strasbourg, founder of Coaching Institute (2004), founder and three times elected president of Romanian Coaching Guild – ARC Pro.

After 2009 he start his education and practice in Psychodrama and Existential Analyse and Logotherapy (GLE Wien). Now is President ARC Pro, senior coach in Coaching deputy school, director in psychodrama, as. professor in Bucharest National University for Theatre and Film, researcher in CINETIC – mission: researching and creating qualitative innovation in cinema, performance arts, neurosciences, augmented and virtual realities.

Quantum Physics Paradigms in acting Psychodrama

Moreno was contemporary with new physics picks (Einstein, Heisenberg, Schrodinger, de Broglie) but also with existential phenomenology (Husserl, Buber) and not the last, the master of paradoxes Kurt Godel. This epoch put all this adventurers in a tele. From his balcony Moreno developed the sanguine concept of observer. Double, Inversion and perceptual decentralization are spin statuses, which help people to zoom in and out their conditioning map.

"Reality is merely an illusion, albeit a persistent one" (Einstein)

Med. Dr.Kirsti Silvola (Finland/Norway)

Kirsti Silvola is psychiatrist and psychotherapist. She has been working with psychodrama over 30 years in different settings, among others tasks. In 2005 she finished her TEP (trainer, educator and practitioner) training and has been working almost full time 7 years at Helsinki Psychodrama Institute teaching and supervising psychodrama students. Now she lives and works in Oslo and teaches also at Moreno Institute in Oslo.

During the last 10 years she has been taking several educations in trauma field. Sensorimotor psychotherapy has inspired her to integrate modern brain understanding in the way we use psychodrama in therapeutic settings.

Encounter with psychodrama and sensorimotor psychotherapy -inspiration based on modern understanding of the brain

The origins of sensorimotor psychotherapy had the intention to integrate approaches to body, mind and spirit. Sensorimotor psychotherapy integrates theory and technique from cognitive and dynamic therapy with straightforward somatic awareness and interventions, based on the modern understanding of the brain and affective neuroscience.

In the workshop we explore the core theory and how it relates to psychodrama. We study experimentally what this means to our roles as psychodramatist, how we use psychodrama techniques and how we relate to the group.

As a warm up to the workshop you can visit www.drdansiegel.com and see many interesting videos, the latest (under resources, video) The wisdom of MWE –A truly connected life. In the video we see how Moreno's understanding is expressed in the terms of the latest developments in the interpersonal neurobiology and interdisciplinary research. You can also visit www.sensorimotorpsychotherapy.org

Professor Melinda Ashley Meyer DeMott (Norway)

PhD and Psychodrama Director is the Director and Co-founder of the Norwegian Institute for Expressive Arts Therapy (EXA). She is Professor and Core faculty at the European Graduate School (EGS), Switzerland and senior faculty member at the University College of South East Norway. Ms Meyer DeMott has made three documentary films about EXA with traumatized refugees, carried out several research projects and written several articles about EXA work with trauma survivors. Her research focus has been on spontaneity training and expanding the range of play with trauma survivors.

Psychodrama: Expanding the range of play with survivors of trauma

The workshop will give the participants an opportunity to learn about EXIT. EXIT is based on a manual developed for stabilizing people who live under extreme stress and/or have survived human or nature induced trauma. EXIT is a group intervention focusing on enhancing spontaneity, movement, imagination, engagement, connection, here and now, safety and responsibility. Often survivors of trauma get locked into finding safety outside of oneself while in EXIT the focus is on finding home within the body. The theory of future projection and scenario thinking in resilience work will be presented. A group experience and demonstration of the EXIT methods will be carried out.

This workshop will be of relevance and interest to those working with families, multi-cultural groups, adolescents and trauma survivors.

The theory of EXIT will be presented. Research results and two 20 min films from EXIT groups will be shown.

M. Ed. Norbert Apter (Switzerland)

Pioneer of humanistic Action Methods (as defined by J.L. Moreno) in the French part of Switzerland, Norbert Apter is an international trainer and diplomed trainer for trainers who has worked in more than 20 countries. Specialist of groups / teams, using Collective Intelligence in action, he has facilitated numerous teams in the development of their collaborative competences, in their problem solving and conflicts transformation. Director of Institute ODeF (www.odef.ch), elected member of the Board of FEPTO (2011-2015) (www.fepto.com), author of a large number of articles, he is also a lecturer and has taken part in numerous conferences.

Promoting Collective Intelligence in a team

Action Methods based on J.L. Moreno's theory is the art of maximizing, through action, simultaneously creative freedom and collaborative efficiency. When working with teams it facilitates producing a collective efficiency larger than the sum of individual efficiencies. How does it work? What is the role of the facilitator? Here are the questions that we will address.

Before joining this workshop, it is recommended to have a look at two 6 minutes youtube videos (with English subtitles) on this issue:

Vive l'Intelligence Collective! Long live Collective Intelligence!

Equipes: Méthodes d'Action de J.L. Moreno! Teams: J.L. Moreno's Action Methods!



Lecture (Saturday morning) by Dr. Horea Murgu

“Development of a drama/theatrical therapy method with impact at the neurochemical and neurocognitive level –MET”

The general objective of the project named ‘Development of a drama/theatrical therapy method with impact at the neurochemical and neurocognitive level –MET’ is to research and develop a preventive and therapeutic non-invasive method for consolidating pro-social behaviour and for managing stress. The effects of stress cover a large spectrum: psychological problems, cardio-vascular diseases, cancer, etc.

The MET project aims to decrease the psycho-somatic effects of stress, to improve the quality of life and to increase work efficiency by proposing a preventive and therapeutic method with quantifiable neurobiological and behavioural effects. The project will be based on an innovative interdisciplinary approach of theatrical exercises: neurochemical, neurofunctional, psychotherapeutical and actor’s craft.

The aim of the MET project is to assemble a method of drama/theatrical therapy able of improving the quality of life and of facilitating healthy aging in the general population but also in social groups exposed to high and chronic stress levels (occupational stress like the ‘burn out’ syndrome and traumatic stress). The objectives of the MET project are innovative, being the first time a method of drama/theatrical therapy targets neurochemical outcomes. This approach is valuable and has the potential to improve therapeutic services at the general population level.

Curious to know more about this project? Welcome to a lecture on Saturday, 09:30 – 10.30

**DIAMONDS ARE
FOREVER**

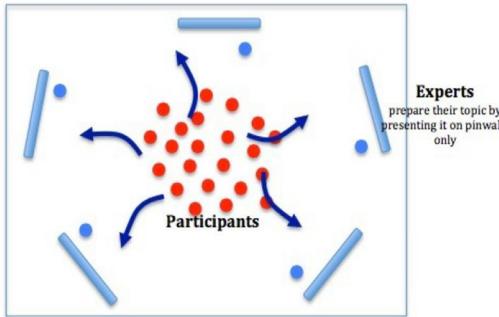
KNOW HOW

The program. Friday

14.00 – 15.00 Welcome!

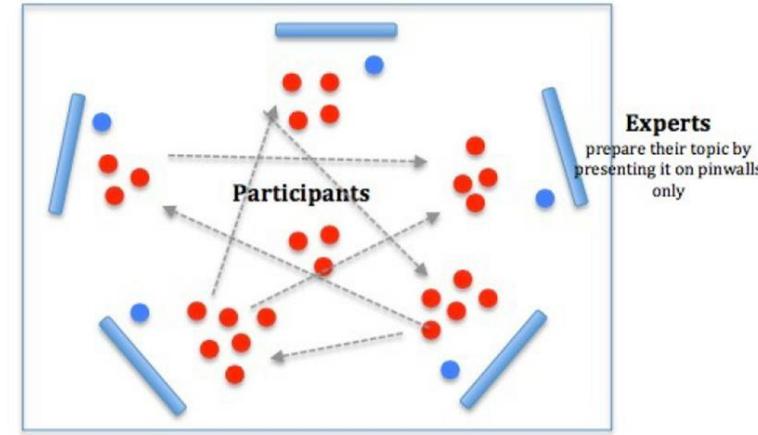
15.00 – 16.30 Marketplace. First round

/16.00 – 17.00 Coffee break/



5 experts are giving 15 minutes lectures. One expert after another, while the participants are sitting in the middle of the plenum and change their individual perspective while they have to move their chairs in the direction where the “next speaking expert” stands.

17.00 – 18.00 Marketplace. Second round



Participants have the information of 5 experts and will have the chance for 1 hour to go and switch between the experts in order to ask questions, reflect, discuss etc., depending on their individual interest and needs.

The program. Saturday

09.00 – 09.30 Reflections

09.30 – 10.30 Lecture by Dr. Horea Murgu

/10.30-11.00 Break/

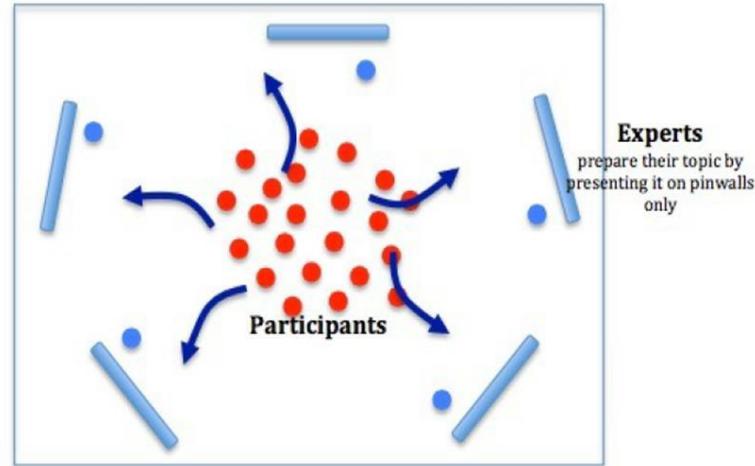
11.00 – 13.00 Workshops lead by experts

/13.30-15.00 Lunch/

15.00 – 18.00 Workshops lead by experts
(cont.)

/18.00-18.15 Break/

18.15 – 19.00 Marketplace. Third round



Participants gather again in the middle of the plenum and the experts will give – this time in reverse direction – short wrap ups/summaries of the discussions/workshop/reflection for all the participants

Want to be among Sunday Diamonds?
Offer your workshop!



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